Training ab KW 1 (04.01.2012 - 30.06.2012) - Leistungsgruppen

	Montag		Dienstag		Mittwoch		Donnerstag		Freitag	
	LG1	LG2	LG1	LG2	LG1	LG2	LG1	LG2	LG1	LG2
16:00										
16:15										
16:30							16:30 - 17:00			
16:45									16:45 - 17:30	
17:00			17:00 - 17:30		17:00 - 17:45		17:00 - 18:45			
17:15										
17:30			17:30 - 19:30	17:30 - 19:00					17:30 - 19:30	17:30 - 19:00
17:45					17:45 - 19:45	17:45 - 19:15				
18:00	18:00 - 18:45									
18:15										
18:30										
18:45	18:45 - 20:15	18:45 - 20:00					18:45 - 18:55			
19:00				19:00 - 19:10						19:00 - 19:10
19:15						19:15 - 19:25				
19:30			19:30 - 19:40						19:30 - 19:40	
19:45					19:45 - 19:55					
20:00		20:00 - 20:10								
20:15										
20:30	20:15 - 20:25									
20:45										